

ASAM Technical Assistance Series

Residential Family Services

Reminders

- Questions should be submitted 7 days in advance of the call to RA-DAASAM@pa.gov. Please feel free to submit questions in the chat.
- This call is being recorded. Please exit now if you do not want to be recorded. You will be able to review the video in its entirety on the DDAP webpage following this event.
- Suggestions for future call topics should be submitted to RA-DAASAM@pa.gov.

Disclaimers

Alignment with The ASAM Criteria is required of drug and alcohol treatment providers that receive funding for providing treatment services under agreements with Single County Authorities and/or Managed Care Organizations.

DDAP stresses the importance of reviewing the ASAM Criteria text in its entirety, attending the ASAM two-day training, and reviewing the resources available through DDAP including trainings and documents.

Today's Presenters

Verlina Velazquez- Millings, Ph.D- *Director of Programs* at The GateHouse

Vincent Argento at Gateway Rehab and Greenbriar Treatment Centers

Karen Plowman, M.Ed- *Director of Prevention Services* at Gaudenzia Vantage

Jessica Cantermen- *Director of Special Projects* at Gaudenzia Addiction Treatment & Recovery Services

Learning Objectives

- Incorporating family services into residential levels of care
- Benefits of the involvement of loved one's in client's treatment
- Specialty programming

THE
GATEHOUSE

RESTORING THE HUMAN SPIRIT THROUGH RECOVERY

Family Engagement

GATEHOUSE RESIDENTIAL PROGRAMS

The GateHouse offers three
Clinically Managed Low-Intensity
Residential Services 3.1:

GateHouse Lititz

GateHouse Mountville

GateHouse Marietta



THREE PHASE SYSTEM

Phase One:

Orientation Phase

Phase Two:

Job Search & 2-12hour Passes

Phase Three:

Working & 2-23hour Passes



FAMILY SESSIONS

Monthly Family Sessions

Client Identifies Support

-Parents

-Sibling/Child/Extended Family

-Significant Other

-Friend

-Sponsor



FAMILY EDUCATION PROGRAM

3-MODULES

- Module-1: Codependence & Self Care
- Module-2: Family Roles
- Module-3: Families in Recovery (Relapse Prevention)



FAMILY ENGAGEMENT

PROS & CONS

- Increased Completions
- Increased Motivation
- Unhealthy Relationships



Gateway Rehabilitation Center Family Programming

OVERVIEW

- Family programming is vital
- Residential and Outpatient
- Family members and identified supports
- Age limit of 10 years old for group
- Clinical Case Managers and/or Therapists communicate with chosen participants
- Family Group, Visitation, and Individual
- GRC created curriculum

STRUCTURE

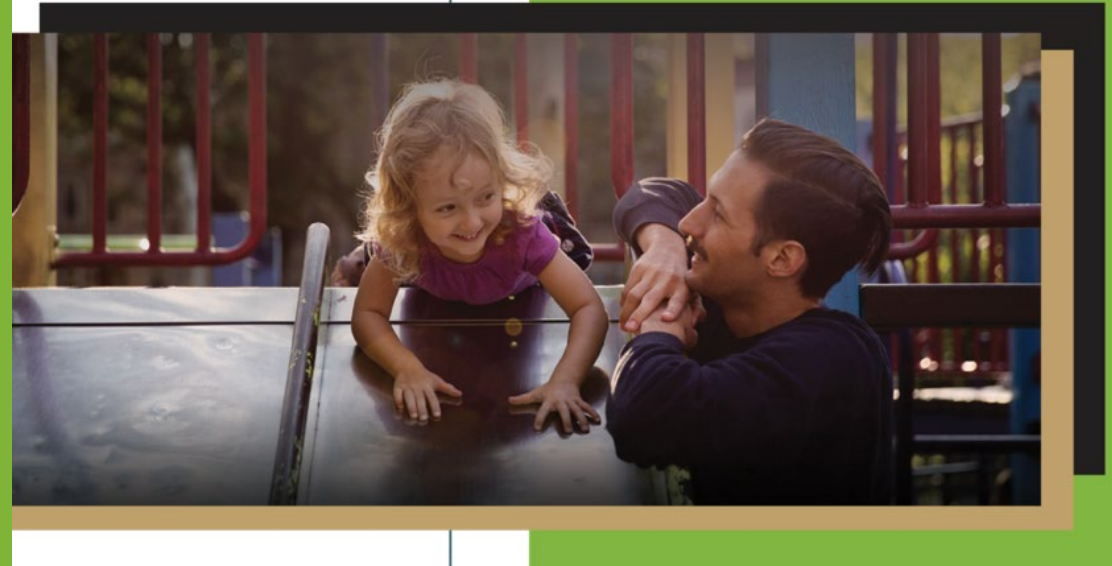
- Program days divided amongst the different units
- Each unit has 2 days; weekday evening and weekend afternoon
- Family visitation requires family group
- Group is an hour, visitation is an hour
- Individual check-ins during visitation



Curriculum

- Committee worked over several months
- All levels of care in GRC follow the same weeks for continuity and consistency of programming
- Goals: engage, educate, support, provide hope
- 12-week structure
- 8 broad topics
 - 1) The Disease Concept of Addiction
 - 2) Family Dynamics and Communication
 - 3) Enabling, Boundaries, and Co-Dependence
 - 4) Al-Anon, Nar-Anon, and other 12-Step Recovery Groups
 - 5) Denial and Defense Mechanisms
 - 6) Relapse Prevention
 - 7) Understanding the Treatment Process
 - 8) Medication Assisted Treatment and Overdose Prevention
- Modules created that can be used, but do not need to be
- Interactive and handouts

Family Programming Curriculum



ASAM integration and MI

- Immediate family members vs. patient identified support system
- Assess need for specific individualized family or significant other programming based on Dimension 6
- Offer individualized family programming
- Client driven
- Client ambivalence for family programming
- Family/Support system ambivalence for family programming
- Change talk as a family unit
- General use of MI skills



GatewayRehab®



**Gaudenzia, Inc. Residential Treatment
for Women and Children**



- **Seventy percent (70%) of women entering SUD treatment have children¹, yet only 2% of treatment facilities nationally provide residential beds for patients' children and accept Medicaid².** This presents a significant barrier to care for women who wish to enter and complete treatment while also preserving relationships with their children.
- Gaudenzia is PA's first and largest provider SUD treatment for pregnant and parenting women with children (WWC) serving over **800 women and 250 children** annually across **nine (9) programs** and **five (5) PA counties**.
- Consistent with the objectives of **DDAP's Women-Women and Dependent Children (W3DC) Network**, Gaudenzia's programs prioritize:
 - addressing and treating the needs of the family as a unit,
 - providing evidence-based parenting interventions,
 - delivering care to children, and
 - improving collaboration with other providers serving pregnant and parenting women.



- Per [DDAP's May 2023 Technical Assistance webinar](#) on ASAM and family treatment, the *ASAM Criteria* stresses **multidimensional assessment**, including how addiction has impacted family functioning, and **interdisciplinary approaches**, including therapies that address the family system.
- Crucially, the *ASAM Criteria* also recognizes **parents and prospective parents receiving treatment concurrent with their children as a special population**. In addition to therapies described for single adults, ASAM notes parenting individuals also need:
 - Evidence-based therapies designed to improve and implement **parenting** and **attachment skills**
 - Interventions designed to develop and improve a **basic understanding of child development**

Need for Parenting Interventions

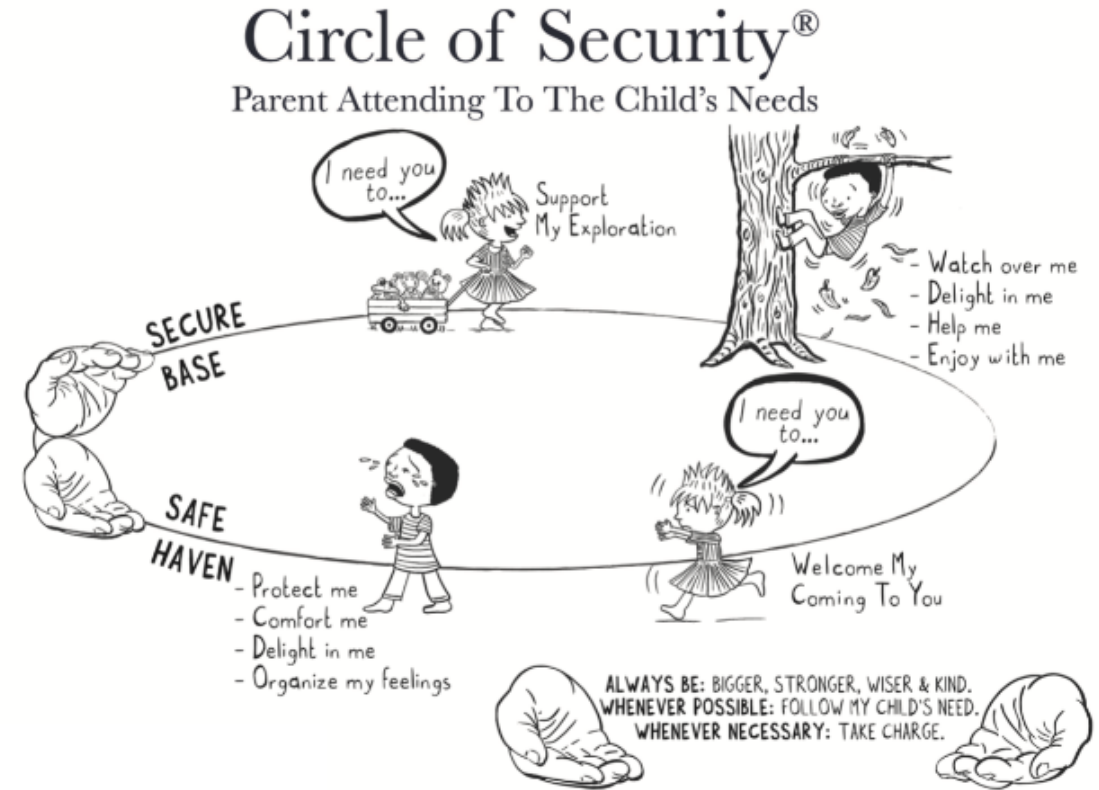


- When compared to their non-substance using counterparts, parents with SUD often have more significant parenting difficulties, including **greater parenting stress, decreased attentiveness and engagement,** and **more authoritarian disciplinary practices.** As a result, their children are at greater risk of neglect, maltreatment, child welfare involvement, and other adverse childhood experiences (ACEs).
- Gaudenzia's programs deliver targeted parenting interventions, including:
 - Celebrating Families
 - Non-Traditional Parenting Interventions
 - Circle of Security
 - 24/7 Dads

Spotlight: Circle of Security



- Gaudenzia is piloting Circle of Security, an **attachment-based parenting intervention** for parents of children 4 months to five years old, at Vantage in Lancaster, PA.
- The **eight (8) week** parenting program is based on attachment theory, and is designed to enhance secure attachment between parents and children by helping parents:
 - Understand children's emotional needs and cues
 - Support children's ability to regulate emotions
 - Enhance the development of self-esteem



The Circle of Security: A Visual "Map" of Caregiver-Child Attachment

Spotlight: Circle of Security



- Based on pre-/ post-surveys of 26 Circle of Security participants at Vantage:
 - 85% reported a **reduction in parenting stress**
 - 88% reported a **better understand their children's needs** for exploration and comfort
 - 85% reported they now **look for ways to repair relationships** with their children in instances in which they failed to meet their needs
 - 85% reported they now step back and **think about what their children's behavior is telling them before reacting**
 - 85% reported they now **feel more confident** they can meet their children's needs

"I really enjoyed learning how even my 6-month-old uses the circle with how she looks, cries, and coos. Knowing this I feel helped me become closer with my daughter. This was a great program, I learned so much in every class and would recommend it to anyone."

"I really enjoyed it [Circle of Security]. I learned a lot and was surprised by some of the information. Sometimes it's just a small thing that makes a big difference. I feel a lot more confident in my parenting."

"It [Circle of Security] really helped me to identify my child's needs and an appropriate way to respond. I learned how to attend to my child's needs over my own fears."

Spotlight: 24/7 Dads



- With so much of our parenting curriculum targeting mothers, Gaudenzia began piloting **24/7 Dads** in 2022.
- 24/7 Dad's is a **comprehensive fatherhood program** for fathers with children 18 years old and younger.
- The curriculum is designed to equip fathers with the self-awareness, compassion, and sense of responsibility parents need to be successful.



An Evidence-Based Fatherhood Program



- Gaudenzia has been offering 24/7 Dads for fathers affiliated with Vantage; however, the agency seeks to expand to other programs— including outpatient— across our footprint.

*“Fathers are often a forgotten about population in the recovery world... **this group has allowed them to be seen and heard.**”*

*“[The fathers] have been able to **expand their skill sets** such as communication and discipline and can now recognize where they could improve in these aspects and many others.”*

*“The dads involved are noticing the differences between the dads of the past and the dad they want to be...**they understand now that their involvement in raising children is a crucial part in any child's development.**”*



THANK YOU!

Need Help?

Contact our 24-hour Treatment and Referral HelpLine

833.976.HELP(4357)

or HelpLine@gaudenzia.org

www.gaudenzia.org



Resource Accounts

- Email RA-DAPressOffice@pa.gov to be added to the Listserv
- Email the Licensing Division at RA-licensuredivision@pa.gov for questions regarding PA drug and alcohol regulations. They can also assist with any questions regarding mandatory training listed within the regulations.
- Email the Treatment Division at RA-DATREATMENT@pa.gov for questions regarding contractual requirements addressed in the Case Management Clinical Services (CMCS) Manual. The Treatment Division will be able to assist with any questions regarding required trainings listed within the CMCS Manual.
- Email the Training Section at ra-datrainig@pa.gov for questions regarding available trainings and the Training Management System (TMS). They can assist you with TMS account information and general training questions.

Reminder

Next TA Call = August 7, 2023

July 3, 2023- **HOLIDAY**- No TA Call

Topic = Case Management

RA-DAASAM@pa.gov

