

# ASAM Technical Assistance Series

## Individualized Services and Group Development

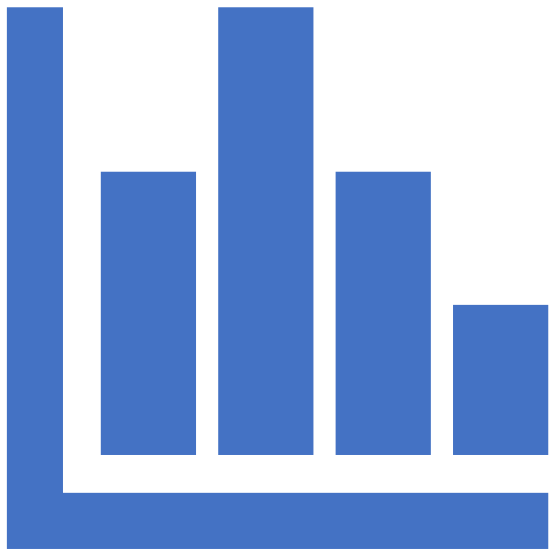
# Disclaimers

*Alignment with The ASAM Criteria is required of drug and alcohol treatment providers that receive funding for providing treatment services under agreements with Single County Authorities and/or Managed Care Organizations.*

*DDAP stresses the importance of reviewing the ASAM Criteria text in its entirety; attending in-person or online ASAM trainings found on the DDAP website [ASAM Criteria Training Options 2022](#); and reviewing the resources available through DDAP including trainings and documents.*

# Reminders

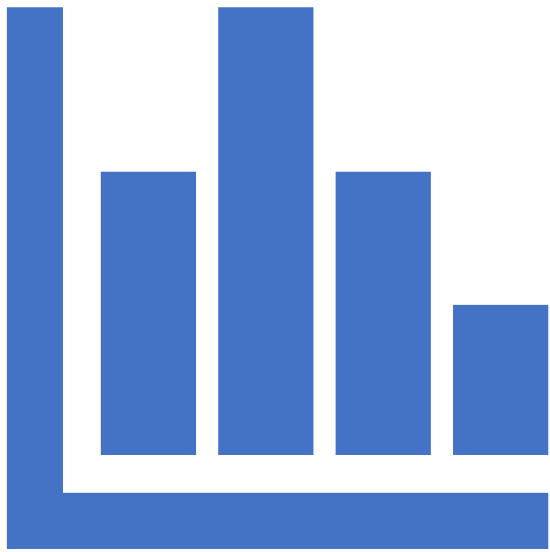
- This call is being recorded. Please exit now if you do not want to be recorded. You will be able to review the video in its entirety on DDAP's ASAM Transition webpage following this event.
- [ASAM Transition](#)
- Suggestions for future webinar topics E-mail: [RA-DAASAM@pa.gov](mailto:RA-DAASAM@pa.gov)



POLL

# Learning Objectives

- Enhanced current treatment offerings and improve integrated care
  - Clinical Supervision
  - Assessment
  - Treatment Planning
  - Group Development & Documentation



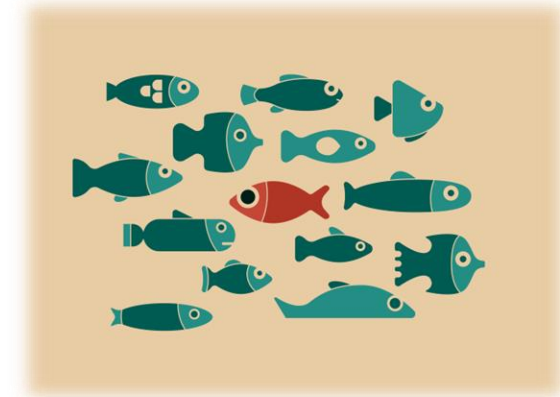
POLL

# Presenters

Victoria Jankowski, LPC, CAADC, D&A Program Representative, DDAP

# Brief Overview of MI Key Elements

- Collaboration
- Individual's ideas about change
- Autonomy of individual





# Impact of Supervision on Individualized Care

- Quality Measure
  - Payor and regulatory requirements
- Employee Retention
- Ensuring Client Care
- Protecting the Integrity of Clinical services
- Addressing Burnout and Compassion Fatigue
- Core principles:
  - Self-care
  - Consistency
  - Communication
  - Leadership
  - Feedback
  - Accountability



# Determination of Services

## ✓ Level of Care Assessment

- CMCSM 5.02 Assessment and Placement Determination
- Neutrality

## ✓ ASAM

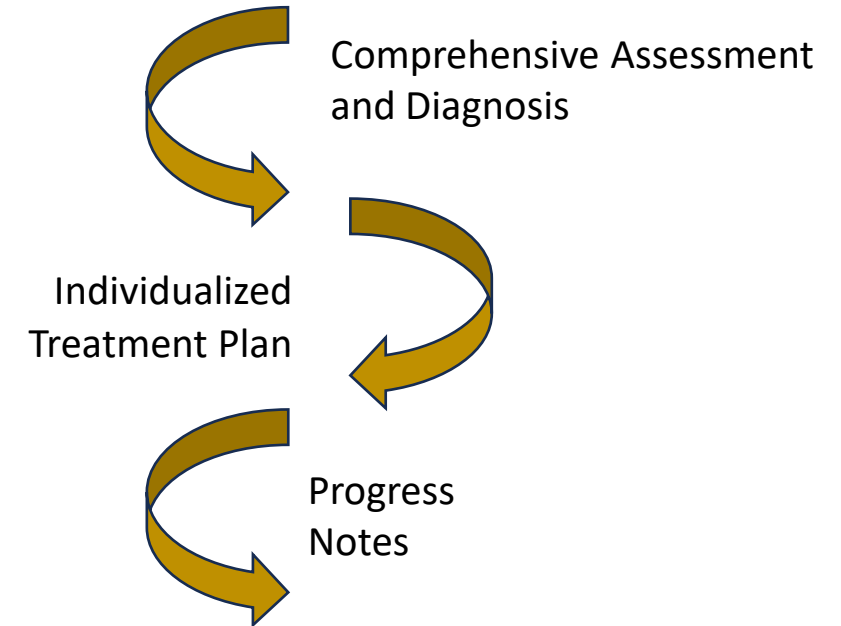
## ✓ Clinically-Driven Services

- Individual Therapy
- Treatment Planning
- Group Therapy



# Treatment Planning

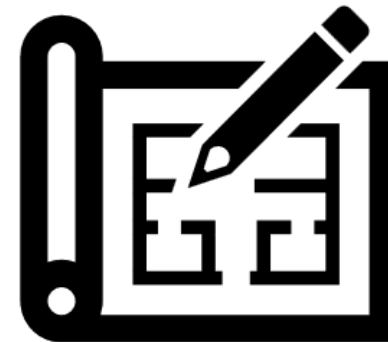
- In accordance with the concept of the Golden Thread the direction of the treatment plan's goals, objectives, interventions and group assignments can be directly linked back to the assessment.
- The individual's treatment plan acts as the guiding force behind the delivery of care.



# Treatment Planning

The treatment plan has the following essential elements:

- ✓ Shared Decision-Making
- ✓ Problem Statement
- ✓ Goals
- ✓ Action Steps
- ✓ Interventions
- ✓ Service Description



# Criteria for Placement of Individuals in Groups



## Individual Readiness



## Stage of Recovery

Early  
Middle  
Late



## Stage of Change

Precontemplation  
Contemplation  
Preparation  
Action  
Maintenance  
Recurrence

# Individual Placement by Stage of Recovery

## TIP 41

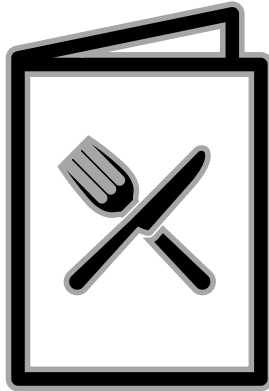
	Psycho-Education	Skill-Building	Cognitive-Behavioral	Support	Interpersonal Process	Relapse Prevention	Expressive	Cultural-Specific
Early	+++	++	+	+++	+		+	*
Middle	+	++	++	++	+++	+++	+	*
Late			++	+	+++			*
Key	<p><u>Blank Space</u> Focus but not as necessary</p> <p>+</p> <p>++ Usually Necessary</p> <p>+++ Necessary and most important</p>							

# Individual Placement by Readiness for Change

## TIP 41

	Psycho-Education	Skill-Building	Cognitive-Behavioral	Support	Interpersonal Process	Relapse Prevention	Expressive	Cultural-Specific
Precontemplation	+		+		+			+
Contemplation	+	+	+	+	+		+	+
Preparation	+	+	+	+	+		+	+
Action	+	+	+	+	+	+	+	+
Maintenance		+	+	+	+	+	+	+
Recurrence		+	+	+	+	+	+	+

# Development of a Group Menu



- Examine and Re-Examine the Population of the Program
  - Ongoing process
- Flexible Topics
- Evidenced-Based
- Support Staff Training



# Matching Individuals with Groups

- Collaboration/individual choice
- Measuring ongoing progress and appropriateness
- SNAP
- Program's resources
- The nature of the group and/or groups available.



# Documentation of Group



- Linkage to the treatment plan
- Expression of progress through treatment
- Response to the interventions
- Each group member has an individualized note completed by the group counselor

# Documentation of Group

- DAP or SOAP notes can be utilized to document group session
  - DAP: Data, Assessment, Plan
  - SOAP: Subjective, Objective, Assessment, Plan
- Notes should include:
  - Group topic, activities completed during group session (whole group)
  - Any information observed about the individual or measured during group
  - Assessment of individual's response to group; this should be clinical
  - Plan for future groups



# Person-Centered Documentation



- #1 Reason: Reduce Stigma
  - Increase engagement
  - Decrease fear and shame
  - Increase quality of care
- Reflects Trauma-Informed Care
- [Shatterproof | Reversing the Addiction Crisis in the U.S.](#)

# Reassessment of Individual Needs

- ASAM Continued Reassessment Ensures
  - Patient-Directed Care
  - Outcome-Driven Approach
- Poor outcomes at any given level of care warrant a reassessment of the treatment plan.
  - Update treatment plan
  - Update group
  - Update type of service/intervention
- New information
  - Cognitive functioning
  - Co-occurring
  - Clinical cues documented from individual or group session



# Considerations for Individualizing Care

- Golden Thread
- Utilize treatment planning in session
- Consultation
- Create internal tool and utilize chart audits

# Resources

- Email [RA-DAPressOffice@pa.gov](mailto:RA-DAPressOffice@pa.gov) to be added to the Listserv
- Email the Licensing Division at [RA-licensuredivision@pa.gov](mailto:RA-licensuredivision@pa.gov) for questions regarding PA drug and alcohol regulations. They can also assist with any questions regarding mandatory training listed within the regulations.
- Email the Treatment Division at [RA-DATREATMENT@pa.gov](mailto:RA-DATREATMENT@pa.gov) for questions regarding contractual requirements addressed in the Case Management Clinical Services (CMCS) Manual. They will be able to assist with any questions regarding required trainings listed within the CMCS Manual.
- Email the Training Section at [ra-datrainig@pa.gov](mailto:ra-datrainig@pa.gov) for questions regarding available trainings and the Training Management System (TMS). They can assist you with TMS account information and general training questions.
- [Conducting a Multi-Dimensional Risk Rating Profile Tip Sheet](#)
- Refer to DDAP's training site [TMS](#) for the Risk Rating training.

# Reminder

Next TA Webinar = April 1, 2024

Topic = ASAM Alignment Update

[ASAM Transition \(pa.gov\)](https://www.pa.gov)