



Trauma Informed Core Values and Resource Review

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Mission

*The mission of the **Department of Education** is to ensure that every learner has access to a world-class education system that academically prepares children and adults to succeed as productive citizens. Further, the Department seeks to establish a culture that is committed to improving opportunities throughout the commonwealth by ensuring that technical support, resources, and optimal learning environments are available for all students, whether children or adults.*

▶ Trauma Informed Common Language

Empowerment Through Common Language in Pennsylvania: A Dictionary of Terms Related to Trauma-Informed Approaches in Schools

▶ Trauma Definition: Act 18 of 2019

1. Exposure to an event, series of events or set of circumstances that is experienced by an individual as physically or emotional harmful or threatening.
2. Lasting adverse effects
3. Creates significant difficulty in cognitive functioning and physical, social, emotional, mental or spiritual well-being.

➤ What is a Trauma-Informed Approach?

1. Includes a school-wide approach to education and a classroom-based approach to student learning
2. Recognizes the signs and symptoms of trauma
3. Responds by fully integrating knowledge about trauma into policies, professional learning, procedures and practices
4. Purposes of recognizing the presence and onset of trauma, resisting the reoccurrence of trauma and promoting resiliency tailored to a school entity's culture, climate and demographics and the community as a whole.

▶ Trauma-Informed Care Values

- Safety
- Trustworthiness
- Collaboration & Mutuality
- Empowerment, Choice & Voice
- Cultural Sensitivity



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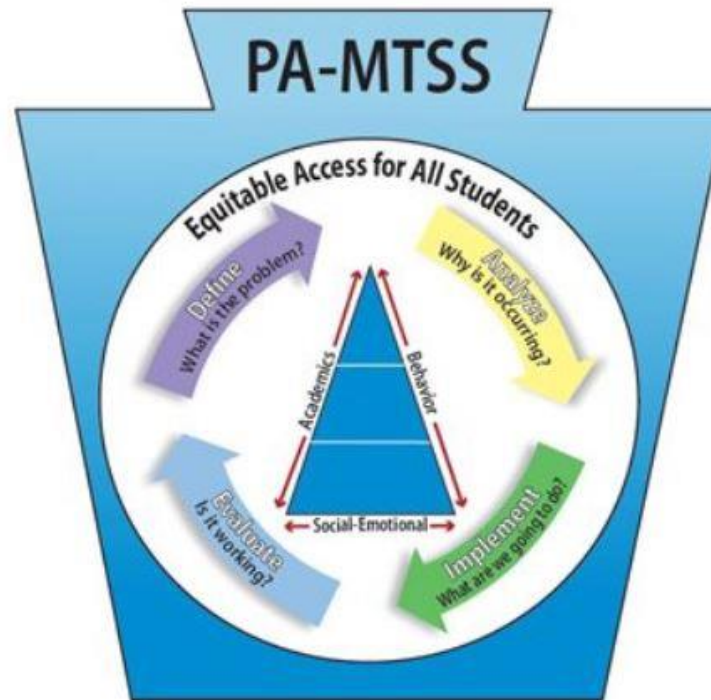


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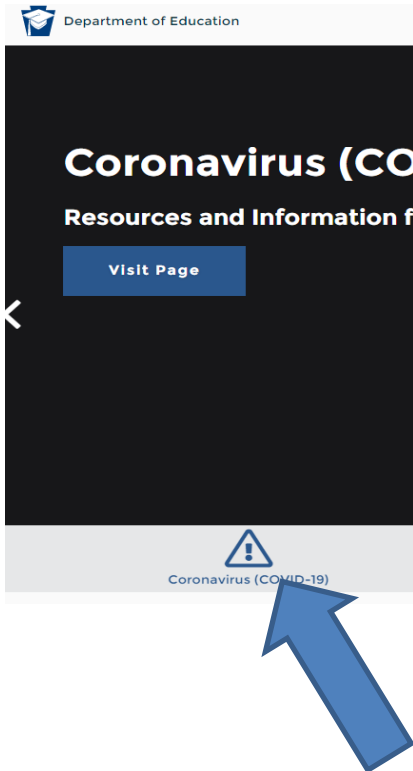
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▶ Linking to an Equitable Multi-Tiered System of Support



▶ You are Not Alone



[PA Department of Education](https://education.pa.gov)
(education.pa.gov) → COVID-19
triangle

Today's presentation highlights Social and Emotional Wellness which is found in the Mental Health and Well-Being Resources Box

Resources for Families

Mental Health and Well-Being Resources

- Mental Health Resources
- Talking to Children about COVID-19
- Promoting Positive Learning Climates
- Social and Emotional Wellness
- Grief and Loss Resources

Resources for Families

Social and Emotional Wellness Resources

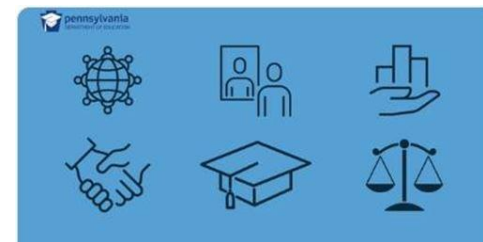
- Creating a Safe Virtual Learning Environment
- Managing and Coping with Emotions
- Promoting Positive Learning Climates Online and at Home
- Self-Care Resources
- Talking to Youth about the Pandemic

Self-Care Resources

- [Family and Youth Resources](#)
- [Educator Resources](#)
 - Individual Resources
 - Organizational Wellness

PDE Equity Pillars of Practice

- General Equity Practices
- Self-Awareness
- Data Practices
- Family/Community Engagement
- Academic Equity
- Disciplinary Equity



Creating Equitable School Systems

A Roadmap for Education Leaders



Student and Staff Wellness Guide

- Staff and Student Wellness Communication Plan
- Supporting Staff in a Tiered Model
- Supporting Students in a Tiered Model
- Enhancement of Social and Emotional Wellness in a Virtual Environment
- Alignment with Supplemental Student Services



The Number One Protective Factor for Youth: **A Safe, Stable, and Supportive Relationship with a Caring Adult**



Resources from PDE and Partners

- [PDE: Creating Equitable School Systems: A Roadmap for Education Leaders](#)
- [PDE: Empowerment Through Common Language in Pennsylvania: A Dictionary of Terms Related to Trauma-Informed Approaches in Schools](#)
- [PDE: Promoting Positive Learning Climates Online and at Home](#)
- [PDE: Equitable Practices Hub](#)
- [PDE– Pennsylvania Career Ready Skills](#)
- [PDE– SEL Best Practice Resources](#)
- [PDE Safe Schools Website](#)
- [PDE– Equity and Inclusion](#)
- [PDE School Climate Survey](#)
- [PA Youth Survey](#)
- [PCCD: Model Trauma Informed Plan](#)

Resources When Working with Families

- [Adaptation Guidelines for Serving Latino Children and Families Affected by Trauma](#)
- [A Social Worker's Tool Kit for Working with Immigrant Families: Healing the Damage: Trauma and Immigrant Families in the Child Welfare System](#)
- [Select National Child Traumatic Stress Network Resources Related to Traumatic Separation and Refugee & Immigrant Trauma](#)
- [Supporting the Education of Immigrant Students Experiencing Homelessness](#)
- [Supporting Undocumented Youth: Resource Guide](#)
- [Transcending Violence: Emerging Models for Trauma Healing in Refugee Communities](#)
- [Trauma Informed Care for Children Exposed to Violence: Tips for Agencies Working with Immigrant Families](#)



Resources: Secondary Traumatic Stress

- [Compassion resilience toolkit for school leaders and staff](#)
- [National Child Traumatic Stress Network: Resources for Secondary Traumatic Stress](#)
- [Office of Justice Programs: Vicarious Trauma Toolkit](#)
- [Professional Quality of Life Measure](#)
- [Trauma Sensitive Schools Package: Secondary Traumatic Stress and Self-Care Packet](#)



Resources

- [Adverse Childhood Experience Resources](#)
- [Childhood Trauma: Changing Minds](#)
- [Equity in PBIS](#)
- [National Association of School Psychologists: Trauma Sensitive Schools](#)
- [National Center for Cultural Competence](#)
- [National Child Traumatic Stress Network: Child Trauma Toolkit for Educators](#)
- [PA Commission on Crime and Delinquency : Model Trauma Informed Plan](#)
- [Responding to Hate and Bias At School – Teaching Tolerance](#)
- [Trauma Informed Oregon: Road Map to Trauma Informed Care](#)
- [Trauma Informed School Resources: Office of Superintendent of Public Instruction Washington](#)
- [Trauma Responsive Schools Implementation Assessment \(TRS-IA\)](#)

References

- Guarino, K. & Chagnon, E. (2018). *Trauma-sensitive schools training package*. Washington, DC: National Center on Safe Supportive Learning Environments.
- Kirwan Institute Implicit Bias Training Module Series
<http://kirwaninstitute.osu.edu/implicit-bias-training/>
- Lindsey, R.B., Nuri-Robins, K., Terrell, R.D., & Lindsey, D.B. (2019). *Cultural Proficiency: A Manual for School Leaders, 4th Edition*. Corwin.
- Pennsylvania Department of Education (2020). Empowerment Through Common Language in Pennsylvania: A Dictionary of Terms Related to Trauma-Informed Approaches in Schools.
- Pennsylvania Department of Education (2020). Equitable Practices Hub.
<https://www.education.pa.gov/Schools/safeschools/equityandinclusion/EPH/Pages/default.aspx>

For more information on resources or education related to Trauma-Informed Approaches please visit PDE's website at www.education.pa.gov.

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