

LEVEL 4 MEDICALLY MANAGED INTENSIVE INPATIENT CO-OCCURRING ENHANCED SERVICES BY SERVICE CHARACTERISTICS ¹

I. SETTING

No additional sub-service characteristics.

II. SUPPORT SYSTEMS (1 sub-service characteristic)

No additional sub-service characteristics.

III. STAFF (2 sub-service characteristics)

Address the composition and competencies of professionals on the staff of the program.

III.1. Level 4 co-occurring enhanced programs are staffed by appropriately credentialed mental health professionals who are able to assess the patient's co-occurring mental disorders. Staff is knowledgeable about the biological and psycho-social dimensions of psychiatric disorders and their treatment (*The ASAM Criteria, pp 282- 283*).

Patients presenting for treatment at Level 4 co-occurring enhanced services require a set of treatment services that are provided by mental health professionals, who are able to assess and treat co-occurring psychiatric disorders.

III.2. Level 4 co-occurring enhanced programs are ideally led by a certified addiction psychiatrist (*The ASAM Criteria, p 283*).

The complexity of patients with co-occurring mental and substance use disorders admitted to Level 4 co-occurring enhanced programs at this intensity requires expert psychiatric, medical and substance use treatment. That care is best provided by a certified addiction psychiatrist. However, depending on program circumstances, that care can be directed by an addiction specialist physician and general psychiatrist.

Goal: Services are provided by mental health clinicians with the education, training, and expertise to assess, monitor, and manage severe and chronic mental disorders.

IV. THERAPIES (2 sub-service characteristics)

Cover the range of therapies that programs need to offer to ensure they meet the personalized biopsychosocial needs of patients.

IV.1. Level 4 co-occurring enhanced programs offer individualized treatment activities designed to stabilize the patient's active psychiatric symptoms (*The ASAM Criteria, p 283*).

Level 4 co-occurring enhanced programs are designed to stabilize the patient's active psychiatric symptoms. This is best accomplished through an individualized set of treatment activities that match the patient's ability to engage in treatment activities.

IV.2. Specific attention is given to medication education and management and to motivational engagement strategies, which are used in preference to confrontational approaches (*The ASAM Criteria, p 284*).

The use of motivational engagement strategies can positively impact readiness for change as well as promote positive engagement in treatment. Experience shows that these strategies are particularly effective when providing medication education and management services.

¹This document provides an overview of the characteristics of co-occurring enhanced programs at Level 4 Medically Managed Intensive Inpatient Services. Medically Managed Intensive Inpatient co-occurring programs should review *The ASAM Criteria 2013, 3rd edition*, for criteria specific to Level 4.

Goal: Stabilize the patient's active psychiatric symptoms.

V. ASSESSMENT/TREATMENT PLAN REVIEW (2 sub-service characteristics)

Addresses assessment of the patient for withdrawal management services, addiction treatment, and patient's recent psychiatric history.

V.1. Level 4 co-occurring enhanced programs focus on the patient's most acute problem. Any acute substance-induced psychiatric disorder or co-occurring mental disorder is appropriately addressed at this level of care (*The ASAM Criteria, p 284*).

Level 4 co-occurring enhanced programs are designed to stabilize the patient's active psychiatric symptoms, whether substance induced or a manifestation of a co-occurring mental disorder.

V.2. Level 4 co-occurring enhanced programs offer assessment and treatment planning for all aspects of a patient's addiction and mental needs (*The ASAM Criteria, p 284*).

Level 4 co-occurring enhanced programs conduct a multidimensional assessment, including a review and assessment of the patient's recent psychiatric history and psychodiagnostic assessment as the foundation for a comprehensive treatment plan for all aspects of a patient's addiction and mental needs.

Goal: Provides a review of the patient's recent psychiatric history and mental status examination.

VI. DOCUMENTATION

No additional sub-service characteristics.